

Welcome to Lowell High School!



The purpose of this presentation is to...

- learn important information that you will need to have a successful start to high school.
- ask questions related to life as a Lowell High School student.
- ensure that you feel comfortable and prepared for your first year at Lowell High School's Freshman Academy.



Introductions & Freshman Academy Goals



What do I need to
know to get ready
for 9th grade?

Important Dates

- ★ August 29th - August 31st - First 3 days of school
- ★ Friday September 1st & Monday September September 4th - No School Labor Day
- ★ Tuesday September 5th - No School Election Day
- ★ September 6th -8th School Resumes.

Class Schedules & Schedule Changes

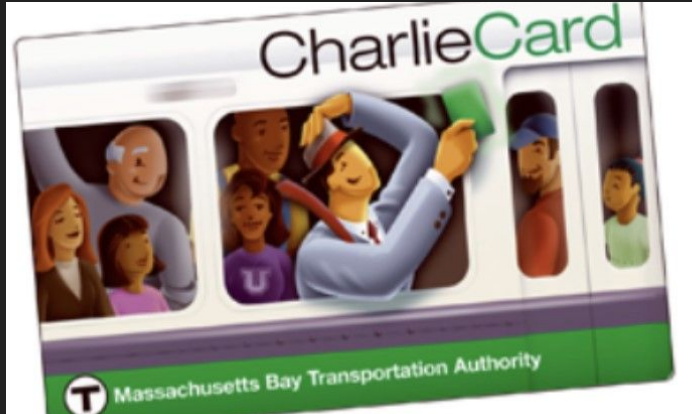
- ★ Schedules will be mailed home at the beginning of August.
- ★ Schedule changes can be requested through guidance counselors the first week of school.
- ★ Instructions for accessing Aspen will be sent with schedules.

	M - Monday	T - Tuesday	W - Wednesday	R - Thursday	F - Friday
ADV-Advisory	0000-FA715-09LL Advisory APOSTOLOS, ELENA 715 ADV(M-F)	0000-FA715-09LL Advisory APOSTOLOS, ELENA 715 ADV(M-F)	0000-FA715-09LL Advisory APOSTOLOS, ELENA 715 ADV(M-F)	0000-FA715-09LL Advisory APOSTOLOS, ELENA 715 ADV(M-F)	0000-FA715-09LL Advisory APOSTOLOS, ELENA 715 ADV(M-F)
1-Period 1	2113-LX001 H-Latin 1 A BLOOD THOM, SHERLEY 137 1(M-F)	2113-LX001 H-Latin 1 A BLOOD THOM, SHERLEY 137 1(M-F)	2113-LX001 H-Latin 1 A BLOOD THOM, SHERLEY 137 1(M-F)	2113-LX001 H-Latin 1 A BLOOD THOM, SHERLEY 137 1(M-F)	2113-LX001 H-Latin 1 A BLOOD THOM, SHERLEY 137 1(M-F)
2-Period 2	9011-FA012 N-Health Education 1 CONNELLY, NANCY 812 2(M-F)	9011-FA012 N-Health Education 1 CONNELLY, NANCY 812 2(M-F)	9011-FA012 N-Health Education 1 CONNELLY, NANCY 812 2(M-F)	9011-FA012 N-Health Education 1 CONNELLY, NANCY 812 2(M-F)	9011-FA012 N-Health Education 1 CONNELLY, NANCY 812 2(M-F)
3-Period 3	9201-CL8025 N-Freshman Seminar A DELOSSA, R, PATNAUDE, A, LEECE, M 712 3(M-F)	9201-CL8025 N-Freshman Seminar A DELOSSA, R, PATNAUDE, A, LEECE, M 712 3(M-F)	9201-CL8025 N-Freshman Seminar A DELOSSA, R, PATNAUDE, A, LEECE, M 712 3(M-F)	9201-CL8025 N-Freshman Seminar A DELOSSA, R, PATNAUDE, A, LEECE, M 712 3(M-F)	9201-CL8025 N-Freshman Seminar A DELOSSA, R, PATNAUDE, A, LEECE, M 712 3(M-F)
L1-Lunch 1					
4A-Period 4A	0151-LL01 HH-English 1 A APOSTOLOS, ELENA 715 4A(M-F)	0151-LL01 HH-English 1 A APOSTOLOS, ELENA 715 4A(M-F)	0151-LL01 HH-English 1 A APOSTOLOS, ELENA 715 4A(M-F)	0151-LL01 HH-English 1 A APOSTOLOS, ELENA 715 4A(M-F)	0151-LL01 HH-English 1 A APOSTOLOS, ELENA 715 4A(M-F)
4B-Period 4B					
5A-Period 5A	4181-LL01 HH-Survey of World History A SZECSKAS, STEPHEN 703 5A(M-F)	4181-LL01 HH-Survey of World History A SZECSKAS, STEPHEN 703 5A(M-F)	4181-LL01 HH-Survey of World History A SZECSKAS, STEPHEN 703 5A(M-F)	4181-LL01 HH-Survey of World History A SZECSKAS, STEPHEN 703 5A(M-F)	4181-LL01 HH-Survey of World History A SZECSKAS, STEPHEN 703 5A(M-F)
L2-Lunch 2					
5B-Period 5B					
L3-Lunch 3					
6A-Period 6A	3151-LL01 HH-Integrated Science & Engineering A (LS) ADAMS, PATRICIA 700 6A(M-F)	3151-LL01 HH-Integrated Science & Engineering A (LS) ADAMS, PATRICIA 700 6A(M-F)	3151-LL01 HH-Integrated Science & Engineering A (LS) ADAMS, PATRICIA 700 6A(M-F)	3151-LL01 HH-Integrated Science & Engineering A (LS) ADAMS, PATRICIA 700 6A(M-F)	3151-LL01 HH-Integrated Science & Engineering A (LS) ADAMS, PATRICIA 700 6A(M-F)

What time do I need to be in school?

- The Paige Street entrance of the FA opens at 7:15 each day for entry into cafe for breakfast.
- Transition to Advisory begins at 7:40.
- All students must be in Advisory by 7:55.
- First period begins at 8:15.

How do I get to and from school?



- Lowell High School students use public transportation through the LRTA to get to and from school.
- During the 1st week the LRTA will be in the FA cafeteria giving out free Charlie Cards for all students.
- Cards are re-charged once a month in the cafeteria.
- If you lose your card you're responsible for getting a new one at a cost of \$5 at the bus station.
- If you have questions related to the bus # or route for your neighborhood please refer to the map posted on the FA website, and/or contact the [LRTA directly](#).



The
FA

1922 Building

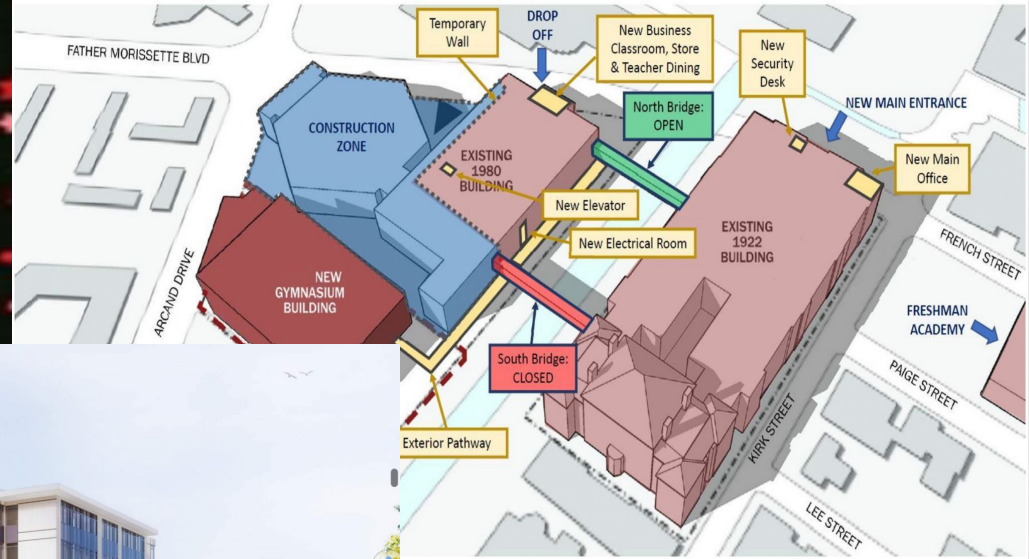


1980 Building

The Future of LHS

2022 LHS Campus Update Poster

LOWELL HIGH SCHOOL YEAR 2022/2023 CAMPUS PLAN





What are the main
rules and policies at
Lowell High School
and the Freshman
Academy?

Lowell High School Attendance Policy

- 8 Unexcused absences
Semester 1 = failure, 8
absences Semester 2 = failure
- Work hard, even when school
or life get tough
- Don't make excuses: You are
in charge of your success



*Leave
your
mark!*

No Cell Phones or Earbuds During Academic Classes

- No Cell Phones are not allowed in use during academic learning time.
- Students can use cell phones during Advisory in the morning, passing time between classes and lunch.
- No ear buds are allowed during active learning.
- Please see cell phone policy in the LPS Student Handbook for more details related to consequences for non-compliance.

School Safety

- ID Photos will be taken during the first two days of school.
- Student IDs must be visible around necks at all times.
- If you lose your ID, you must purchase a new one for \$5
- Detentions will be issued for each day that you do not have an ID.



Dress Code

- ➔ No Hoods
- ➔ No Sunglasses
- ➔ Follow LPS school dress code at all times



Bathroom Use and Sign Out in the FA

- Students sign out of classrooms electronically, and are not allowed to bring cell phones to the bathroom with them.
- Abuse of bathroom use could result in parents being contacted progressive disciplinary action.





Academic Programs and Initiatives at LHS



Summer reading &
math posted on the
[LHS website](#)

Credits Needed to Advance to 10th Grade

- Math, ELA, History, Science, Health/PE, Seminar, Elective
- 20 Credits must be obtained by the conclusion of 9th Grade.
- You MUST PASS ELA and Math in 9th Grade
 - Summer School is only offered for up to 2 credits
 - You must have at least a 55 average to go to Summer School



PORTRAIT OF A GRADUATE

LOWELL PUBLIC SCHOOLS

THE MISSION:

Lowell Public School graduates will be strong of mind, heart, spirit, and skill so they are prepared to engage and lead with others to make positive change for a more equitable world.

No. 1 MIND

Students will acquire the knowledge, intellectual abilities, and problem-solving skills they need to be lifelong learners and critical thinkers in a complex and ever-changing world.

No. 2 HEART

Students will acquire the self-awareness, cultural humility, and historical knowledge that will enable them to understand, appreciate, and value people from different groups, cultures, and belief systems.

No. 3 SPIRIT

Students will approach learning, work, and life challenges with patience, perseverance, and adaptability as they develop the resilience and determination essential to success in adulthood.

No. 4 SKILL

Students will possess the real-world skills they need to evaluate new information, communicate their ideas, solve challenging problems, develop innovative solutions, and use digital technologies.

No. 5 NETWORK

Students will be able to communicate effectively and persuasively, collaborate productively in groups or teams, follow through on commitments and responsibilities, and interact respectfully, empathetically, and constructively with others.

No. 6 LEADERSHIP

Students will have the confidence, knowledge, and abilities they need to be civically engaged, empower others, seek justice, and achieve positive change in the world.



Lowell Public Schools is committed to launching every graduate into adulthood prepared for life. We know that a successful launch requires a diverse team of people—educators, families, and community members—working together to execute the mission: giving every student the opportunity to learn, grow, and thrive. The Lowell Portrait of a Graduate describes the knowledge, skills, and work habits that will prepare our students for college, careers, and civic life.



How do I get
involved in Lowell
High School
beyond academic
classes?


Sports

- Fall Sports: Boys Cross Country, Girls Cross Country, Girls Field Hockey, Football, Golf, Boys Soccer, Girls Soccer, Girls Swimming, Girls Volleyball
- Winter Sports: Boys Basketball, Girls Basketball, Cheerleading, Boys Gymnastics, Girls Gymnastics, Boys Ice Hockey, Boys Indoor Track, Girls Indoor Track, Boys Swimming, Wrestling



Plus two more seasons, offering many more options!

Family ID/Physicals

**Lowell High School FALL 2023 Athletic Sport Registration**

Welcome to Lowell High School's online athletics registration!

Home of the Red Raiders!

Lowell High School Athletic Mission Statement: Lowell High School's athletic mission is to provide multiple educational athletic opportunities for students. As a school community we believe that participation in educational athletics provides students with a sense of connectedness to the school, supporting excellence in academics, activities and citizenship. We also believe that through participation in educational athletics students live the core values of responsibility, integrity, determination, engagement and respect.

Electronic Signatures: All parents/guardians must complete the following form to gain clearance for sports. Electronic signatures are considered legally binding and must be completed by a parent/guardian over the age of 18.

Physicals: Students must have a current physical turned in to the Athletic Department in order to participate in athletics. For your convenience students physicals may be uploaded on the FamilyID registration form.

Physicals expire 13 months after the date the exam was signed by the physician. A new physical will need to be uploaded to your registration.

Athletic Physicals will be held on @Cawley Stadium on TBD in the athletic trainer's office. These physicals are for returning student-athletes in grades 10-12. Athletic registration must be completed on FamilyID prior to receiving a physical from the Physician.

Spring Athletics: Lowell High School is pleased to offer the following sports for the Fall 2023 season:

- Cheerleading
- Boys Crew
- Girls Crew
- Field Hockey
- Football
- Golf
- Girls Soccer
- Boys Soccer
- Girls Swim
- Girls Volleyball
- Unified Basketball

For Important Information for Spring Sport Start Dates & Locations visit [Lowell High Athletics](#)

- If you have any questions regarding the sports season, please contact the Lowell High School Director of Athletics, Scott Ouellet, or the team's Head Coach.

FamilyID Support: Should you require assistance with this form, please call FamilyID's help desk at 888-800-5583 ext. 1 or contact via email at support@familyid.com.

[Register Now](#)

Organization

Lowell High School
Commitment to excellence in everything we do: academics, activities and citizenship.

[Read More About Us](#)

Contact Us

Scott Ouellet
Director of Athletics
978-937-8951
souellet@lowell.k12.ma.us

Patti Crabtree
Administrative Assistant of Athletics
978-937-8951
pcrabtree@lowell.k12.ma.us

Kelsey Elvje
Head Athletic Trainer
kelsey@lowell.k12.ma.us

Kevin Dunham
Assistant Athletic Trainer
kdunham@lowell.k12.ma.us

[Send Us a Message](#)

Locations

Lowell High School
50 Father Morrisette Boulevard
Lowell, MA 01852

Cawley Stadium/Martin Athletic Complex
424 Douglas Road
Lowell, MA 01852

Shedd Park
453 Rogers Street
Lowell, MA 01852

Mount Pleasant Golf Club
141 Staples Street
Lowell, MA 01851

[Linnox-Lowell Bellefleur](#)

FYI



Lowell High School Sports Physical Form Date of Exam: _____

The front side of this form must be filled out by the parent/guardian with the student **BEFORE** coming in to get a physical from our team physician. Students who bring in an incomplete form will **NOT** receive a physical.

Student's name *(please print legibly)* _____ Date of Birth _____ Grade _____

Sport(s) _____ Home # () _____ Cell # () _____

Please completely answer and explain the following questions:

1. Has the student had a medical illness or injury since their last check up or sports physical? _____
2. Has the student ever had surgery? Explain: _____
3. Has the student ever taken any supplements or vitamins to help gain or lose weight or to improve performance? _____
4. Does the student have any allergies (list) or on any prescription medications? _____
5. Has the student ever had a rash or hives develop during or after exercise? _____
6. Has the student ever passed out due to exercising? _____
7. Has the student ever been told they had high blood pressure or high cholesterol? _____
8. Has the student ever been told they had a heart murmur? _____
9. Has any relative died of health problems or sudden death before age 50? _____
10. Has a physician ever restricted or denied the student's participation in sports? If so, why? _____
11. Does the student currently have any skin problems (itching/rashes/acne/warts/fungus)? _____
12. Has the student ever had a head injury or concussion (date of last concussion)? _____
13. Has the student ever had a seizure (date)? _____
14. Does the student have frequent or severe headaches? _____
15. Has the student ever been told they had a stinger/burner or pinched nerve? _____
16. Does the student have asthma? _____
17. Does the student have any vision problems or use protective/corrective equipment for sports? _____
18. Has the student ever broken/fractured/dislocated any bones or joints? Explain: _____
19. Does the student ever feel unusually stressed or depressed? _____
20. Are the student's immunizations all up to date? _____
21. Are there any other medical issues not mentioned here? _____

I hereby state that my answers to the above questions are complete and correct to the best of my knowledge.

Signature of Parent-Guardian/Date _____ Signature of Athlete/Date _____

Fall Sports Sign Up

- How do I join a team?
 - Check the Lowell High School Athletics' webpage www.lowellathletics.org.
 - In order to expedite the registration process, please have the following information readily accessible:
 - -Copy of most recent physical examination
 - -Name/Address/Phone Number of Student-Athlete(s) and Parent(s)/Guardian(s)
 - -Pediatrician's Name and Phone Number
 - -Insurance information

Clubs

- LHS offers over 70 clubs ranging from Chess Club to League of Legends.
- “With so many options here at Lowell High School, all students should be able to find an extracurricular that they are interested in and can develop a passion for!” –Head of School, Michael Fiato

To name a few.....

★ Math Club, LHS Film Club, LHS Review, Mock Trial, Rainbow Connection/Gay-Straight Alliance, Environmental Club, Expression Sessions, Poetry Club (Through the COMPASS Program), Black Unity Club, Flags & Color Guard, Future Educators of America, Gear Up, Girls Who Code, Khmer Chapter, Anime, Outdoor Adventure Club, Science/STEM Club and Science League



Community School

Kate Keefe, Community Schools
Program Manager

Services:

- Lowell Community Health Center
- Catie's Closet
- Merrimack Valley Food Pantry



Questions?

